

Kalabash
SPA



Spa Menu

Get a 10% discount on
two or more treatments

THERAPEUTIC & RELAXING MASSAGE

Kalabash Signature Massage plus Redlight and a hot water bag

Kalabash signature massage with aloe Vera & ginger herbal oil. A combination of hot stones, herbal ball compress & aromatherapy massage designed to relieve pain & relax the muscles.

🕒 120 Mins | 10,000 Kes

Kalabash Signature Massage

Kalabash signature massage with aloe Vera and ginger herbal oil. A combination of hot stones, herbal ball compress & aromatherapy massage designed to relieve pain & relax the muscles.

🕒 90 Mins | 6,000 Kes

🕒 100 Mins | 8,000 Kes

Kalabash Signature Massage with Red Light

Kalabash signature massage with aloe Vera and ginger herbal oil. A combination of hot stones, herbal ball compress & aromatherapy massage designed to relieve pain & relax the muscles.

🕒 90 Mins | 7,000 Kes

Herbal Ball Compress (Ginger, Cloves, Garlic, Comphor and Eucalyptus Leaves) with red light

Inspired by ancient healing therapy using warm herbal balls with herbs to balance the body, relieve stress and improve blood circulation.

🕒 80 Mins | 5,000 Kes

Herbal Ball Compress (Ginger, Cloves, Garlic, Comphor and Eucalyptus Leaves) With No Red Light

60 Mins | 4,000 Kes

Aromatherapy with a Body Scrub

Good for stress-related conditions with an emotional component. Using the essential oils that are relaxing, energizing, stress-reducing, balancing, with body scrub of your choice.

🕒 90 Mins | 5,000 Kes

Integrated Stress Buster

Hot stone Massage
Therapeutic Pain-relieving Massage
Aromatherapy Relaxing massage

🕒 90 Mins | 6,000 Kes

Candle Wax Relaxing Massage

This therapy is designed to moisturize dry skin, relax and soothe the muscles using a fragrance filled low melting point soy wax candle.

🕒 60 Mins | 5,000 Kes

Hot Stone Massage

Deep muscle relaxation by placing smooth heated basalt stones at the key points on the body allow heat to penetrate the muscles improving blood circulation.

🕒 60 Mins | 5,000 Kes

Deep Tissue Massage

Swedish massage with deep pressure that helps to alleviate deep pain.

🕒 60 Mins | 5,000 Kes



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THERAPEUTIC & RELAXING MASSAGE

Prenatal Energizing Herbal Massage

We grind the locally recommended Kenyan herbs & make a natural herbal powder, to reduce stress, decrease swelling, relieve aches & pains, Reduce anxiety & depression for the expectant mother.

🕒 60 Mins | 4,000 Kes

The Swedish Massage

Our classic relaxing massage which eliminates tensions & help blood circulation.

🕒 60 Mins | 3,500 Kes

Indian Head & Neck massage

Relief from stress and tension headaches, relief of tension and knots from the shoulders and neck, up into the face, which is beneficial to aid ease eyestrain and sinus problems.

🕒 45 Mins | 2,000 Kes

Foot Treatment with sea salts & scrub

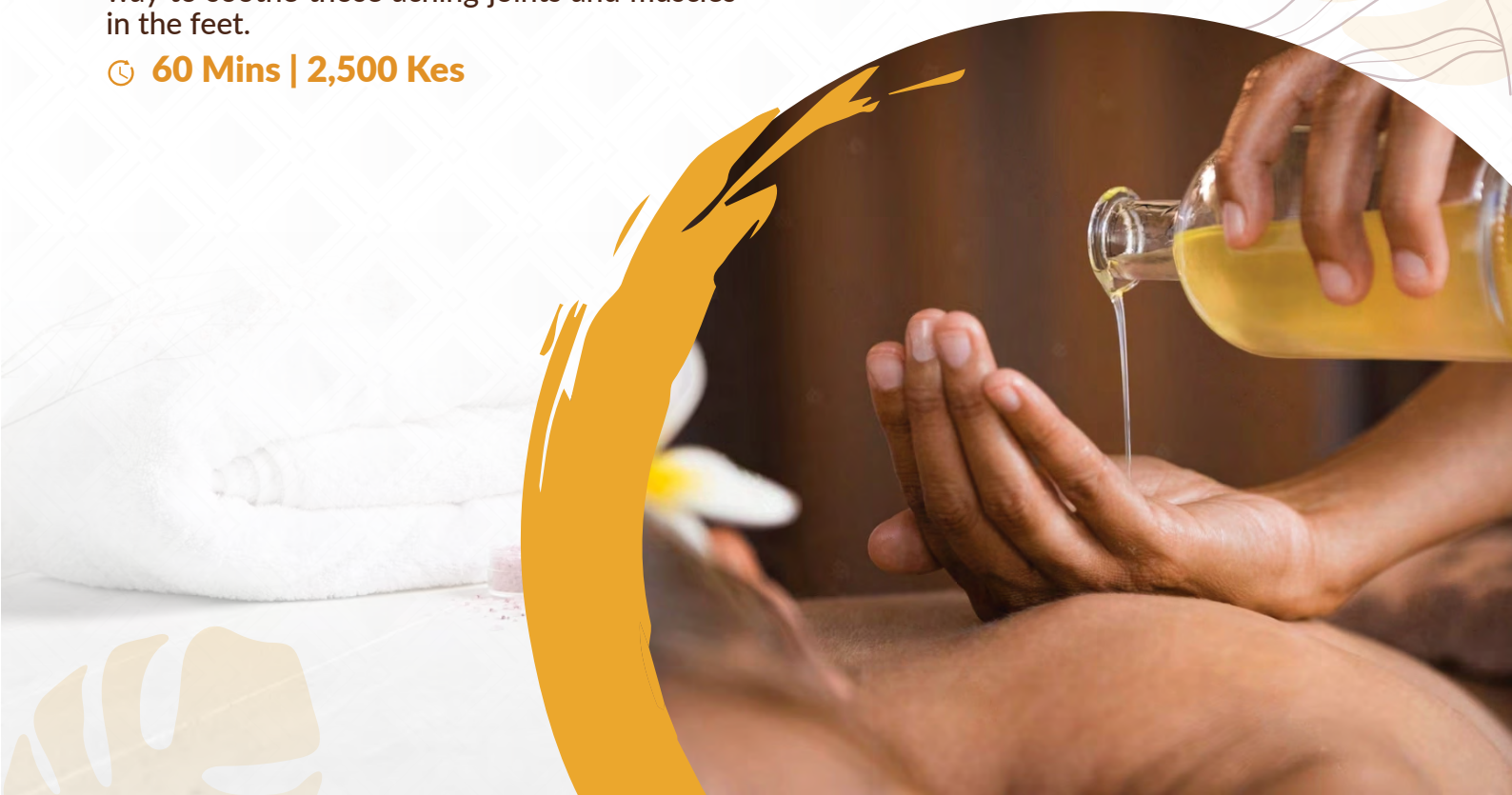
Relax and Revive Sore Feet and Aching Joints: A long soak in Dead Sea salt water is a brilliant way to soothe those aching joints and muscles in the feet.

🕒 60 Mins | 2,500 Kes

Quick fix massage for the back, legs & shoulders

The posterior body routine begins with the posterior arms and hands, then to the back - upper and lower, gluts and then down the back of the legs.

🕒 60 Mins | 2,500 Kes



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EXFOLIATIONS (SCRUB)

Coffee, Moringa Oil with Honey Sugar Scrub

Exfoliating honey and lavender body scrub. End with a full body buttering using cocoa and mango butter. Combat the appearance of cellulite and hyper pigmentation.

60 Mins | 4,500 Kes



Rice, Turmeric with Milk body Scrub

Rice and Milk with a blend of turmeric to exfoliate and polish your skin, leaving it so smooth as a baby's.

60 Mins | 4,500 Kes

BODY WRAPS

Refining Clay Wrap with a body scrub of your choice

Refining clay wrap (choose between green clay or bentonite clay) Hydrate, repair and improve skin texture, the skin is prepared to be cocooned in enriching bentonite clay.

100 Mins | 8,000 Kes

HAMMAM BATH

This is the traditional hammam bath using a traditional glove called a hammam kese. This treatment is a deep exfoliation therapy that leaves your body freshly cleansed.

1 person 6000 Kes

2 people 10,000 KES

STEAM BATH

Before or after any treatment Complimentary

Walk in and Steam only 1Hr | 1,000 Kes

Sauna 30Mins | 1000 Kes

Hydrating Coconut and Vanilla Sugar Scrub

60 Mins | 4,000 Kes

1 Hour | 5,000 Kes



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FACIAL TREATMENTS

Special add on like serum, ampoule, sun screen, eye treatment, vitamin E oil, & lip treatment can be added at a fee of 5000 KES each All these facial use Organic products.

Express Mini Facial

30mins | 2,000Kes

Customer with their own products

3,000 Kes

ANTI ACNE

Deep cleansing with extraction of black heads for oily skin, combination and blemished skin.

Oxygen Facial 4,000Kes

Diamond Dermabrasion Facial 7,000Kes

ANTI AGING FACIAL

Lifting effect on wrinkles and fine lines

Oxygen Facial 60 Mins | 4,000Kes

Red Light Facial 60 Mins | 5,000Kes

13 in one treatment 60 Mins | 8,000Kes

KALABASH ORGANIC FACIALS

For all skin types

Organic Products 60 Mins | 4,000Kes

Natural herbal facial with aloe vera gel, green tea, Clay and honey 60 Mins | 3,500Kes

FACIAL FOR ALL SKIN TYPES

Clarins 60 Mins | 6,000Kes

Clinique 60 Mins | 6,000Kes

BODY WAXING

Under Arm 1,200 Kes

Full Leg 3,000 Kes

Half Leg 1,500 Kes

Full Arm 1,000 Kes

Full Bikini 3,500 Kes

Bikini Lines 1,500 Kes

Back/chest 1,500 Kes

Chin 500 Kes



Spa PACKAGES

HEAVEN ON EARTH

- Herbal facial
- Herbal balls Compress massage
- Body scrub of your choice

2Hrs 30 Mins | 10,000 Kes

EXOTIC TREATMENT

- Hot stone massage
- Mud wrap
- Turkish bath treatment

3Hrs | 12,000 Kes

REVIVE AND DETOX

- Coffee scrub
- Mini facial
- Aromatherapy

2hrs 10 Mins | 10,000 Kes

PAMPER ME

- Swedish massage
- Aloe Vera scrub
- Normal facial

2Hrs 8,000 Kes

GLOWING BRIDE

- Facial Treatment
- Body Wrap ,
- Body Scrub
- Aromatherapy Massage
- Sweet Bee & Milk Bath

4Hrs | 15,000 Kes

COUPLES PACKAGE

FOREVER LOVE

- Glass of Wine
- Herbal Compress Massage
- Turkish bath

120Mins | 15,000 Kes

PERFECT COUPLE

- Under arm Waxing
- Aromatherapy with body scrub
- Glass of Wine

100Mins | 14,000 Kes

COUPLE'S RETREAT

- Turkish bath
- Hotstone Massage
- Cocktail

100Mins 18,000 Kes

THE ULTIMATE PACKAGE

(up to 4 treatments of your choice
i.e. body scrub, massage
wax ,detox bath ,facial)

3Hrs 15,000 Kes

GROUP PACKAGE

10% off for 5 people or more

BIRTHDAY PACKAGES

PACKAGE 1

- Detox bath & body Scrub
- Aromatherapy Massage
- Glass of wine
- Birthday Song
- Bouquet of flowers
- Cake Slice

2Hrs 10,000 Kes

PACKAGE 2

- Aromatherapy & Body scrub
- Bouquet of flowers
- Manicure and Pedicure
- Slice of Cake

3Hrs 11,000 Kes

PACKAGE 2

- Turkish bath
- Aromatherapy
- Birthday Song
- Manicure and Pedicure
- Bouquet of flowers
- Slice of cake

4Hrs 14,000 Kes

